



PRESCOTT FIGURE SKATING CLUB
2011 - 2012 SCHEDULE (October 10th - March 2nd)
***regular season begins on Thanksgiving Monday)**

MONDAY

- 4:00 - 4:45 - Advanced Canskate
- 4:45 - 5:15 - STARSkate B - Dance/Skills
- 5:15 - 6:05 - STARSkate B - Free Skate
- 6:05 - 6:55 - CanSkate
- 6:10 - 7:00 Off-Ice Training
- 6:55 - 7:05 - Flood
- 7:05 - 7:35 - OpenbSTARSkate A/B
- 7:35 - 8:05 - STARSkate A - Dance/Skills
- 8:05 - 8:50 - STARSkate A - Free Skate

WEDNESDAY

- 4:00 - 4:20 - STARSkate B - Dance/Skills
- 4:20 - 5:05 - STARSkate B - Free Style
- 5:05 - 5:15 - STARSkate B - Conditioning
- 5:15 - 6:00 - Advanced CanSkate
- 6:00 - 6:30 - Pre-CanSkate (Anklebiters)
- 6:30 - 7:20 - CanSkate
- 7:20 - 7:30 - STARSkate A - Conditioning
- 7:30 - 7:40 - Flood
- 7:40 - 8:05 - STARSkate A Dance/Skills
- 8:05 - 8:50 - STARSkate A Free Skate

Friday

- 4:00 - 4:50 - STARSkate A - Free Style
- 4:50 - 5:05 - STARSkate A - Dance
- 5:05 - 5:15 - STARSkate A - Conditioning
- 5:15 - 5:45 - Open STARSkate A/B
- 5:45 - 5:55 - Flood
- 5:55 - 6:40 - Open Advanced CanSkate / Canskate
- 6:40 - 6:50 - STARSkate B - Conditioning
- 6:50 - 7:05 - STARSkate B - Dance/Skills
- 7:05 - 7:50 - STARSkate B - Free Skate

